Objective: To assess the technical quality of care as perceived by people with type 2 diabetes. Materials and method: A cross-sectional study conducted among 180 people with type 2 diabetes in Sina diabetes clinic in Sina teaching hospital, Tabriz, Iran in 2011. A questionnaire assessed reported adherence to minimum recommended annual care for 23 processes indicators based on Iranian Diabetes Guidelines. Data analyzed with SPSS13software. Results: The proportions of participants who received recommended annual care for all three top clinical and all six top lifestyle indicators were 82% and 44 % respectively. For lifestyle and management indicators, reported adherence rates to guidelines were low (39% for medication review, 68% for self management evaluation, 55% for physical activity review, and 58% for nutrition consultation). From the participants perspective, most of participants (87%) had well-controlled diabetes. Conclusion: A substantial proportion of people with Type 2 diabetes reported receiving suboptimal care. People with Type 2 diabetes believed that there is a notable gap between diabetes care standards and what they have actually received in most aspects of provided care.