



The 2nd Latin America Congress on
**CONTROVERSIES TO CONSENSUS IN DIABETES,
OBESITY AND HYPERTENSION**



ROYAL TULIP HOTEL • RIO DE JANEIRO • BRAZIL • MARCH 22-25, 2012

First Announcement & Call for Abstracts



www.codhy.com/LA • codhyLA@codhy.com

Dear Friends and Colleagues,

We are proud to announce that the **2nd Latin America Congress on Controversies to Consensus in Diabetes, Obesity and Hypertension (CODHy)** will take place in Rio de Janeiro, Brazil, 2012.

The success of the first World CODHy Congresses made way for the **1st Latin America CODHy Congress** which was held in Buenos Aires, Argentina in 2010. This Congress was devoted to locally oriented, evidence-based discussions amongst chairpersons, speakers and the audience. The 1st Latin America CODHy Congress was a vibrant academic event with a regional focus and attracted approximately 2000 participants from 52 countries.

The 2nd Latin America CODHy Congress will also be locally oriented and will focus on typical and classical topics in diabetes, obesity and hypertension, related to the region in terms of epidemiology, genetics, diagnostics, typical complications and distinctive responses to treatments. Allowing ample time for speaker-audience discussion, the Congress aims at reaching up-to-date and agreed-upon answers to ongoing debates, through evidence-based medicine and expert opinion. Participants will have the opportunity to take part in this stimulating meeting which will facilitate discussions on the shared experiences and opinions of leading local and international experts.

This Congress will provide a broad stage for oral presentations from the regional population. Central debates on the various relevant issues will also be translated into the languages: Portuguese, Spanish and English, thereby providing professionals with a better understanding of the discussions.

The prominence of local experts and international leaders in the fields of Diabetes, Obesity and Hypertension accentuates the distinctive Organizing Committee of the **2nd Latin America CODHy Congress**. This unique mesh of academic specialists is the building block on which the exceptional academic discussion of the Congress stands.

We look forward to your participation in this exciting academic Congress.

Sincerely,

Prof. Jaime Davidson & Prof. Itamar Raz

Co-Chairpersons

On behalf of the Organizing Committee



CO-CHAIRPERSONS

J. Davidson, USA | I. Raz, Israel

LOCAL PRESIDENTS OF THE ORGANIZING COMMITTEE

A.R. Chacra, Brazil

H.C. Pedrosa, Brazil

L. Zagury, Brazil

ORGANIZING COMMITTEE

INTERNATIONAL MEMBERS

D. Abouganem, Panama	E. Gruber de Bustos, Venezuela	O. Lozano, Mexico
M. Aguilar-Diosdado, Spain	A.M. Guillén, Cuba	J.L. Medina, Portugal
P. Aschner, Colombia	V. Hainer, Czech Republic	R.S. Medina, Mexico
C.G. Aylwin, Chile	M. Hanefeld, Germany	J. Mestman, USA
C. Belzarena, Uruguay	R. Henry, USA	P. Pozzilli, Italy
A. Ceriello, UK	P. Home, UK	A. Ramírez, Argentina
R.A. DeFronzo, USA	L.A. Leiter, Canada	E. Standl, Germany
S. Del Prato, Italy	L. Litwak, Argentina	J. Tuomilehto, Finland
	G. López Stewart, Chile	

LOCAL MEMBERS

A.A. Brandão, Brazil	M.B. Gomes, Brazil	J.E. Paulo de Oliveira, Brazil
W. Coutinho, Brazil	R. Lyra, Brazil	A. Pimazoni-Netto, Brazil
A.C. Forti, Brazil	A. Milech, Brazil	B. Wajchenberg, Brazil

FACULTY (Preliminary List)

G.C. Aylwin, Chile	G. Ning, China
P. Aschner, Colombia	H.C. Pedrosa, Brazil
C. Belzarena, Uruguay	A. Pimazoni-Netto, Brazil
Y. Castillo, Dominican Republic	P. Pozzilli, Italy
A.R. Chacra, Brazil	A. Ramirez, Argentina
R. Cohen, Brazil	I. Raz, Israel
W. Coutinho, Brazil	C. Rolim, Brazil
R.A. DeFronzo, USA	F. Saad, Germany
S. Del Prato, Italy	M. Saad, Brazil
A. Forti, Brazil	J. Salles, Brazil
J.J. Gagliardino, Argentina	R. M. Santillan, Mexico
B. Geloneze, Brazil	Y. Sharabi, Israel
M. Gironacci, Argentina	I. D. Sierra Ariza, Colombia
F. Goldberg-Eliaschewitz, Brazil	G. Sposetti, Argentina
P. Home, UK	E. Standl, Germany
G. Javiel, Uruguay	J. Tuomilehto, Finland
F.J. Lavallo-González, Mexico	M. Uribe Esquivel, Mexico
L.E. Litwak, Argentina	L. Van Gaal, Belgium
R. Lyra, Brazil	G.D. Waisman, Argentina
N. Mendez-Sanchez, Mexico	B. Wajchenberg, Brazil
J. Mestman, USA	L. Zagury, Brazil
R. Moreira, Brazil	J. Zhao, USA

PRELIMINARY SCIENTIFIC PROGRAM

FRIDAY, MARCH 23, 2012

HALL A

09:00-10:30 PLENARY SESSION 1

Chair: **B. Tschiedel**, Brazil

- Insulin resistance: A multifaceted disease responsible for ASCVD and cancer
R.A. DeFronzo, USA
- Diabetes, obesity and cancer
S. Del Prato, Italy
- Diabetes therapy and cancer
P. Home, UK
- Overview of diabetes in Latin America
A.R. Chacra, Brazil

10:30-11:00 *Coffee Break*

11:00-12:30 SESSION 2 PREVENTION AND EARLY THERAPY

Chair: **A.R. Chacra**, Brazil

- Prediabetes therapy: Lifestyle vs. Drugs
Lifestyle: **J. Tuomilehto**, Finland
Drugs: **R.A. DeFronzo**, USA
- First line therapy in T2D: Combination therapy vs. Monotherapy
Combination: **P. Aschner**, Colombia
Mono: **A. Forti**, Brazil

12:30-13:30 *Lunch Break*

13:30-15:15 SESSION 3 UTILIZATION OF INSULIN THERAPY BY GPS

- Are all sulfonylurea (Su) even?
Yes: **L. Litwak**, Argentina
No: **R.M. Santillan**, Mexico
- Starting insulin therapy by GP: BASAL vs. Premix
BASAL: **F. Lavalle**, México
Premix: TBA
- Insulin intensification by GP
Yes: **P. Pozzilli**, Italy
No: TBA

15:15-15:45 *Coffee Break*

15:45-16:45 SESSION 4 TREATING HYPERLIPIDEMIA IN T2D

- Pharmacotherapy for HDL
Pro: TBA
Con: **Y. Castillo**, Dominican Republic
- Intolerance to statin/ target HDL
Yes: **R. Lyra**, Brazil
No: TBA

HALL B

11:00-12:30 SESSION 5 HYPERTENSION CONTROVERSIES

- Should we change the target blood pressure in diabetic patients?
Yes: **A. Ramirez**, Argentina
No: **G. Aylwin**, Chile
- Should we avoid antihypertensive drugs that increase glucose/obesity?
Yes: **G.D. Waisman**, Argentina
No: TBA

12:30-13:30 *Lunch Break*

13:30-15:15 SESSION 6 RAAS IN DIABETES

- Is intracellular RAAS blockade a therapeutic target?
M. Gironacci, Argentina
- ACEs, ARBs or DRI: What is the best choice?
TBA
- Is RAAS blockade indicated in every (T2D) patient
Y. Sharabi, Israel

15:15-15:45 *Coffee Break*

15:45-16:45 SESSION 7 MEET THE PROFESSOR

- Metabolic Syndrome: Do we need this definition?
P. Aschner, Colombia
- Testosterone for the management of obesity in hypogonadal men
F. Saad, Germany

HALL C

11:00-12:30 SESSION 8 OBESITY

- Do we need anti-obesity drugs or lifestyle intervention only?
Anti-obesity drugs: TBA
Lifestyle intervention only: **E. Standl**, Germany
- Bio Markers in diabetes and obesity
TBA

12:30-13:30 *Lunch Break*

PRELIMINARY SCIENTIFIC PROGRAM

FRIDAY, MARCH 23, 2012

HALL C

13:30-15:15 **SESSION 9**
**INSULIN RESISTANCE/BETA CELL
ROLE IN DIABETES PROGRESSION**

Chair: **R. A. DeFronzo**, USA

- Tools to assess insulin resistance and Beta Cell function
M. Saad, Brazil
- Beta function: Evaluation and clinical applications
J.J. Gagliardino, Argentina
- Insulin secretion and Insulin resistance: A dynamic interaction
R.A. DeFronzo, USA

15:15-15:45 *Coffee Break*

15:45-16:45 **SESSION 10**
**NEW INSIGHTS TO NEUROPATHY
IN T2D**

- Peripheral Neuropathy and small fibers: Diagnosis and therapeutic approach
H.C. Pedrosa, Brazil
- CAN: A tool to assess the diagnosis by the diabetologist
C. Rolim, Brazil
- The brain: New insights with diabetes, Alzheimer and depression
R. Moreira, Brazil

SATURDAY, MARCH 24, 2012

HALL A

09:00-10:30 **SESSION 11**
TYPE 2 DIABETES (T2D)

- Can we stop Beta Cell destruction?
Yes: **F. Goldberg-Eliaschewitz**, Brazil
No: **J.J. Gagliardino**, Argentina
- Early insulin therapy
Yes: **I. Raz**, Israel
No: **L. Litwak**, Argentina

10:30-11:00 *Coffee Break*

11:00-12:30 **SESSION 12**
TARGETING THE KIDNEY
Chair: **A. Forti**, Brazil

- The kidney and its role in Glucose Homeostasis
TBA
- Glucosuria as a novel approach in diabetes management
R. DeFronzo, USA
- SGLT2 Safety barriers
TBA

12:30-13:30 *Lunch Break*

13:30-15:15 **SESSION 13**
**REGULATORY PERSPECTIVE:
GLOBAL VS. COUNTRY SPECIFIC
DRUG DEVELOPMENT**
Chair: **J. Zhao**, USA

- US FDA perspective
TBA
- China SFDA
G. Ning, China
- Brazil ANVISA
TBA
- Pharmaceutical perspective
TBA

15:15-15:45 *Coffee Break*

15:45-16:45 **SESSION 14**
**HEPATIC MANIFESTATIONS OF
METABOLIC SYNDROME:
PATHOPHYSIOLOGICAL AND
CLINICAL CONTROVERSIES**

- Inflammatory manifestations in patients with metabolic syndrome
R. Medina-Santillan, Mexico
- Medical treatment of obesity in NASH with diabetes
N. Mendez-Sanchez, Mexico
- Diabetic management of T2D and hepatic cirrhosis
M. Uribe Esquivel, Mexico

16:45-17:45 *Guided Poster Tour*

PRELIMINARY SCIENTIFIC PROGRAM

SATURDAY, MARCH 24, 2012

HALL B

09:00-10:30 **SESSION 15**
HYPERTENSION THERAPY IN T2D

- Diabetes and resistant hypertension
I.D. Sierra Ariza, Colombia
- Managing combination antihypertensive therapy
G.D. Waisman, Argentina
- What is the fourth drug?
TBA
- New strategies: Baroreceptor devices and renal denervation
Y. Sharabi, Israel

10:30-11:00 *Coffee Break*

11:00-12:30 **SESSION 16**
HYPOGLYCAEMIA

- Similar importance in every patient?
Yes: TBA
No: **P. Pozzilli**, Italy
- Can it be prevented?
Yes: **L. Zagury**, Brazil
No: **R.M. Santillan**, Mexico

12:30-13:30 *Lunch Break*

13:30-15:15 **SESSION 17**
**NEW DATA ON GLYCAEMIC
EFFECTS OF INCRETIN BASED
THERAPY IN T2D**

- The vascular system and heart
B. Wajchenberg, Brazil
- The brain
J.J. Gagliardino, Argentina
- The liver
E. Standl, Germany

15:15-15:45 *Coffee Break*

15:45-16:45 **SESSION 18**
**DIAGNOSIS OF T2D IN LATIN
AMERICA**
Chair: **J. Tuomilehto**, Finland

- Trends and prevalence of T2D in Argentina
G. Sposetti, Argentina
- New diagnostic non-invasive methods in diabetes screening for Latin America (risk scores and EZScan validation in Latin America)
J. Tuomilehto, Finland

16:45-17:45 **Guided Poster Tour**

HALL C

09:00-10:30 **SESSION 19**
GLUCOSE THERAPY

- Should we aim at normal glycaemia or an individual approach?
Normal glycaemia: TBA
Individual approach: **P. Home**, UK
- Different goals with different therapies
S. Del Prato, Italy
- Algorithm for T2D in Brazil
A. Pimazoni-Netto, Brazil

10:30-11:00 *Coffee Break*

11:00-12:30 **SESSION 20**
**INTERRELATIONSHIP BETWEEN
CVD AND DIABETES: FOCUSING
ON THE INCRETIN SYSTEM**

- The rationale for early and aggressive treatment of CVD risk factors in T2DM
P. Aschner, Colombia
- Potential CVD effects of Incretin-based therapies
TBA

12:30-13:30 *Lunch Break*

13:30-15:15 **SESSION 21**
BARIATRIC SURGERY
Chair: **R. Cohen**, Brazil

- Minimal requirements to perform bariatric surgery
J. Salles, Brazil
- Do we have long term data to support efficacy and safety?
Yes: TBA
No: **B. Geloneze**, Brazil
- Surgery in mild obesity and T2D
1st line: **R. Cohen**, Brazil
2nd line: TBA

15:15-15:45 *Coffee Break*

15:45-16:45 **SESSION 22**
MEET THE PROFESSOR

- Glycaemic variability: Is it important?
Yes: **E. Standl**, Germany
No: **P. Aschner**, Colombia
- Do we need continuous glucose monitoring in T2D?
P. Pozzilli, Italy

16:45-17:45 **Guided Poster Tour**

PRELIMINARY SCIENTIFIC PROGRAM

SUNDAY, MARCH 25, 2012

HALL A

09:00-10:30 **PLENARY SESSION 23**
**IMPACT OF PREGNANCY
HYPERGLYCEMIA ON FUTURE
CARDIOVASCULAR RISK FACTORS**

Chair: **J.H. Mestman**, USA

- Introduction: GDM definition-implications
J.H. Mestman, USA
- Obesity, hypertension and pregnancy: Impact on pregnancy and future maternal complications
TBA
- Pharmacological therapy in pregnancy hyperglycemia: Oral hypoglycemic agents vs. Insulin therapy
C. Belzarena, Uruguay
- Maternal hyperglycemia: Future impact on mothers and children
J.H. Mestman, USA
- Discussion

10:30-11:00 *Coffee Break*

11:00-12:30 **PLENARY SESSION 24**
**GLOBAL BREAKTHROUGHS IN THE
WORLD OF DIABETES**

- Diabetic drug interaction
G. Javiel, Uruguay
- GLP1, short/ long term safety
TBA
- Future therapy for obesity and diabetes: Long acting GLP1/ Insulin
W. Coutinho, Brazil
- Stem Cell therapy: State of the art
F. Lavalle, Mexico



GENERAL INFORMATION

VENUE

Royal Tulip Hotel

Av. Aquarela Do Brazil 75, Sao Conrado
Rio De Janeiro, Brazil

REGISTRATION FEES

	Early Registration Until December 15, 2011	Late Registration from December 16, 2011	From March 10, 2012 & On Site
Participants - Physicians and Scientists	US\$ 440	US\$ 490	US\$ 540
Residents*	US\$ 340	US\$ 390	US\$ 440
Nurses and Students	US\$ 270	US\$ 330	US\$ 370
Accompanying Persons		US\$ 190	

* Refers to non-tenured junior scientists. Registration form must be accompanied by documentation of residency or a letter from the head of department confirming their status. The letter should be on the department letterhead and addressed to the Registration Department of the Congress.

Abstract Submission Deadline
December 15, 2011



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