

The Academy for Clinical Debates & Controversies in Medicine



The Latin America Congress on
**CONTROVERSIES TO CONSENSUS IN DIABETES,
OBESITY AND HYPERTENSION**



BUENOS AIRES • ARGENTINA • MARCH 11-14, 2010

2nd ANNOUNCEMENT
and Call for Abstracts



A comprehensive Congress fully devoted to clinical debates and controversial issues
in the fields of Diabetes, Obesity and Hypertension

www.codhy.com/argentina | argentina@codhy.com

Welcome Note

Dear Friends and Colleagues,

We are proud to announce that the 1st Latin America Congress on Controversies to Consensus in Diabetes, Obesity and Hypertension (CODHy) will take place in Buenos Aires, Argentina, March 11-14, 2010.

The 1st and 2nd World CODHy Congresses that took place in Berlin in 2006 and in Barcelona in 2008, with over 4,500 physicians all together, were the first scientific meetings of their kind, focusing on dynamic topics and controversial issues facing the clinician today.

Based on the success of these meetings, and on feedback from the participants, the CODHy-Latin America Congress will be devoted to evidence-based discussions amongst chairpersons, speakers and the audience, all of whom will examine and analyze the most relevant issues raised in 2009 and 2010 within the fields of Diabetes, Obesity and Hypertension.

We will also include discussions on several of the large ongoing clinical studies that are scheduled to end during 2009-2010 in order to resolve controversies and reach consensus.

The Latin America Congress will be locally oriented. It will focus on typical/classical diabetes issues related to the region in terms of epidemiology, genetics, diagnostics, typical complications and distinctive responses to treatments.

This Congress will provide a broader stage for oral presentations from the regional population. Central debates on the various relevant issues will also be translated into the local regional language, Spanish, thereby providing most of the professionals with a better understanding of the topics.

At least fifty percent of the Faculty will be local, in order to facilitate the involvement of a large number of participants in the debates, and to discuss typical regional problems.

We would be pleased to have you among the participants of this exciting Congress.

Sincerely,

Prof. J. Davidson, Prof. L. Litwak, Prof. J. Mestman, Prof. I. Raz

Co-Chairpersons

On behalf of the Organizing Committee

CHAIRPERSONS

J. Davidson, USA

L. Litwak, Argentina

J. Mestman, USA

I. Raz, Israel

ORGANIZING

Committee

C. Aguilar-Salinas, Mexico
P. Aschner, Colombia
C. Balzarena, Uruguay
E. Bustos, Venezuela
S. Cavalcanti, Brazil
A. Chacra, Brazil

K. Cusi, USA
A. De Leiva, Spain
R. DeFronzo, USA
S. Del Prato, Italy
P. Home, UK
M. Katz, Argentina
L. Leiter, Canada

J.L. Medina, Portugal
J. Rosas Guzman, Mexico (ALAD)
R.D. Santos, Brazil
I. Sinay, Argentina
M. Vinocour, Costa Rica
G. Waisman, Argentina

SCIENTIFIC

Committee

C. Abraira, USA
J. Acosta Martinez, Venezuela
M. Bendersky, Argentina
R. Carmena, Spain
A. Ceriello, UK
A. Coca, Spain
M. de Sereday, Argentina
A.C. de Souza, Brazil
J.H. de Vries, Netherlands
D. de Zeeuw, Netherlands
I. D. Escobar, Colombia
K.O. Fagerström, Sweden
C. Faingold, Argentina
C.M. Ferrario, USA
G. Frechtel, Argentina
R. Gabriel Sanchez, Spain
J.J. Gagliardino, Argentina
B. Gallwitz, Germany
A. Godoy-Matos, Brazil
J. Gross, Brazil
S. Gutt, Argentina
A. Halpern, Brazil
M. Hanefeld, Germany

S. Heller, UK
J.J. Holst, Denmark
H. Ilkova, Turkey
P. Iozzo, Italy
S. Klein, USA
I. Libman, USA
R. Lyra, Brazil
S. Madsbad, Denmark
D. Marante, Venezuela
D. Marrero, USA
M. Massi-Benedetti, Italy
P. Meredith, UK
B. Metzger, USA
C.E. Mogensen, Denmark
C. Musso, Argentina
J.F. Navarro-González, Spain
P.M. Nilsson, Sweden
U. Pagotto, Italy
H.C. Pedrosa, Brazil
P. Pozzilli, Italy
L. Raij, USA
A. Ramirez, Argentina
S. Raptis, Greece
J. Redon, Spain

R. Rey, Argentina
M. Rodriguez, Argentina
C. Rondinone, USA
J. Rosenstock, USA
L.M. Ruilope, Spain
S. Schraier, Argentina
Z. Shoham, Israel
M.A. Tambascia, Brazil
M.R. Taskinen, Finland
M. Tonietti, Argentina
P. Tønnesen, Denmark
H. Toplak, Austria
D. Tschoepe, Germany
C. Tsigos, Greece
J. Tuomilehto, Finland
L. Van Gaal, Belgium
A. Villamil, Argentina
T. Vilsbøll, Denmark
M.V. Vinocour, Costa Rica
B.L. Wajchenberg, Brazil
M. Weir, USA
A. Zanchetti, Italy
D. Ziegler, Germany



SCIENTIFIC Program

Friday, March 12, 2010

HALL A

08:45-10:30 Session 1

Plenary Session

EVIDENCE FROM THE LAST CLINICAL TRIALS IN DIABETES

Co-Chairs: **S. Cavalcanti & B.L. Wajchenberg**

What should we learn from the main prospective trials in diabetes?

P. Home

Should we diagnose diabetes by A1C only?

Pro: **P. Aschner**

Con: **R.A. DeFronzo**

PANEL DISCUSSION

J. Gross

10:50-12:30 Session 2

TREATMENT GOALS IN DIABETES

Chair: **M.A. Tambascia**

Near normal HbA1c in T2DM?

Pro: **S. Del Prato**

Con:

How low is low in blood pressure control in patients with diabetes?

R. Carmena

13:10-14:00 Session 3

MEET THE PROFESSOR

Self and continuous monitoring in T2DM patients

Coordinator: **J. Davidson**

Professor:

14:10-15:40 Session 4

WHAT IS THE MOST IMPORTANT CARDIOVASCULAR RISK IN DIABETES?

Chair: **M. de Sereday**

PP hyperglycemia: **M. Hanefeld**

Lipoprotein disorders: **R. Carmena**

Focus on blood pressure

Obesity: **S. Klein**

16:00-17:30 Session 5

DIFFERENT PHENOTYPES OF DIABETES

Chair: **G. Frechtel**

LADA: Combination of type 1 and type 2 diabetes

P. Pozzilli

Type 2 diabetes in the young

I. Libman

Type 1 diabetes plus metabolic syndrome

I. D. Escobar

HALL B

10:50-12:30 Session 6

OBESITY: CAUSES AND THERAPEUTIC APPROACHES

New pharmacotherapy: What can we expect?

S. Klein

What kind of exercise?

D. Marrero

Once weekly GLP1: The answer to diabetes and obesity?

13:10-14:00 Session 7

MEET THE PROFESSOR

Should physicians measure BMI or waist circumference in clinical practice?

Coordinator: **S. Schraier**

Professor: **S. Klein**

14:10-15:40 Session 8

SMOKING CESSATION - GET READY FOR SUCCESS!

Chair: **P.M. Nilsson**

Evolutionary perspectives on addiction leading to smoking, obesity and drug abuse

P.M. Nilsson

Nicotine dependence - Why, how and when?

K.O. Fagerström

Smoking - The global epidemic

Smoking cessation strategies. The evidence

Non-pharmacological support and counselling

P. Tønnesen

Drug treatment

The integrated approach to the smoking risk patient

PANEL DISCUSSION

16:00-17:30 Session 9

ORAL PRESENTATIONS

Novel Mechanisms for the Treatment of T2DM

H. Katzeff

SCIENTIFIC Program

Friday, March 12, 2010

HALL C

10:50-12:30 Session 10
VASCULAR DAMAGE IN DIABETES AND HYPERTENSION

Chair: **P. Home**

Vasculature in obesity, diabetes and hypertension
C.E. Mogensen
Endothelium target for therapy
Microcirculation window to glomerulus
L. Raij
Hemorheologic factors in DM

13:10-14:00 Session 11

MEET THE PROFESSOR

The Metabolic Syndrome: Insulin Resistance in Disguise
Coordinator:
Professor: **R.A. DeFronzo**

14:10-15:40 Session 12

CAUSE OF HYPERTENSION

Chair: **G. Waisman**

Role of autonomic system
Role of angiotensin-renin system
PANEL DISCUSSION

16:00-17:30 Session 13

INSULIN THERAPY

Diabetes intensive treatments in hospitals
P. Pozzilli
Intensification of insulin treatment in T2D
J. Gross
Safety of modern insulin

Saturday, March 13, 2010

HALL A

08:45-10:30 Session 14
T2D-FIRST LINE OF THERAPY?

Combination of two agents
Combination therapy: **S. Del Prato**
Monotherapy: **P. Home**
Secretagogues; Which one?
M. Vinocour
PANEL DISCUSSION
C. Musso, A. Chacra

10:50-12:30 Session 15
GLP-1 RECEPTOR AGONISTS AND DPP-4 INHIBITORS. A CLINICAL COMPARISON

Glycaemic control
Impact on non glycaemic effect
Potential to reduce CV risk
R.D. Santos
PANEL DISCUSSION

13:10-14:00 Session 16

MEET THE PROFESSOR

Post meal glucose variability: Does it make a difference in prediabetes or diabetes?
Coordinator: **M. Escalante**
Professor:

14:10-15:40 Session 17

TREATMENT TARGET: SHOULD WE TARGET ON BETA CELL ONLY?

Chair: **J. Mestman**

Beta cell: **J.J. Gagliardino**
Alpha cell, muscle, liver and episode tissue:
R.A. DeFronzo

16:00-17:30 Plenary Session 18
DIABETIC FOOT: INTERDISCIPLINARY INTERVENTION

Chair: **H.C. Pedrosa**

Vascular surgeon
A.C. de Souza
Interventional radiologist
Orthopedic intervention

SCIENTIFIC Program

Saturday, March 13, 2010

HALL B

08:45-10:30 Session 19 OBESITY AND METABOLIC SYNDROME

Diet, exercise or both?

Diet: **D. Marrero**

Exercise: **M. Rodriguez**

Is there light in the future for new pharmaceutical agents?

S. Klein

Relationship of insulin resistance weight to structural and functional disorders of the thyroid

J. Garber

10:50-12:30 Session 20 LIPIDS IN DIABETES

Chair: **C. Rondinone**

Metabolic consequences of lipotoxicity in obesity: Prevention and treatment

K. Cusi

Intramyocellular / liver lipid / myo cardiac fat

Prevention of T2DM: To treat or not to treat

Treat: **A. Halpern**

Not treat: **K. Cusi**

13:10-14:00 Session 21 MEET THE PROFESSOR

Nonalcoholic fatty liver disease (NAFLD): Fact or fiction?

Coordinator: **K. Cusi**

Professor:

14:10-15:40 Session 22 TREATMENTS OF T2D

Chair: **S. Gutt**

Bariatric surgery as a treatment for diabetes and obesity

Pro: **A. Halpern**

Con: **S. Klein**

PANEL DISCUSSION

S. Schraier

HALL C

8:45-10:30 Session 23 NEW HORIZONS IN THE TREATMENT OF T2D

Early insulin therapy in type 2 diabetic patients

Pro: **A. Chacra**

Con: **L. Litwak**

T2D dead or alive?

Pro: **I. Sinay**

Con: **P. Aschner**

PANEL DISCUSSION

M. Vinocour

10:50-12:30 Session 24 NOVEL TREATMENTS IN DIABETIC PATIENTS WITH HYPERTENSION

Chair: **M. Vinocour**

Antihypertensive treatment in "normotensive diabetic patient"

Pro:

Con: **C.E. Mogensen**

The positive side of future treatments

13:10-14:00 Session 25 MEET THE PROFESSOR

The use of diuretics in the treatments of blood pressure in patients with T2D

Pro:

Con: **L. Raij**

14:10-15:40 Session 26 DIABETIC NEPHROPATHY BEYOND RAS INHIBITOR

Chair: **J. Garber**

Calcium channel blockers/ diuretics

L. Raij

Double or triple RAS blocked

Blockade of inflammatory pathways

PANEL DISCUSSION



SCIENTIFIC Program

Sunday, March 14, 2010

HALL A

08:45-10:30 Session 27

HAPO STUDY

Chair: **Z. Shoham**

Results of the Hyperglycemia & Adverse Pregnancy Outcome (HAPO) Study: Implications for clinical practice

B. Metzger

Insulin

C. Faingold

Non insulin intervention

Maternal hyperglycaemia. Long term effect on offspring

J. Mestman

PANEL DISCUSSION

J. Mestman

10:50-12:30 Plenary Session 29

NEUROPATHY GUIDELINES

13:10-14:00 Closing

DEADLINE FOR ABSTRACT SUBMISSION: November 30, 2009

We are pleased to announce a competition for the
"BEST ABSTRACTS"

In each CODHy category

Diabetes, Obesity and Hypertension

Three awards of \$400 will be granted (overall 9 awards!)

In addition,

The winner of the best abstract will be granted \$800!



GENERAL Information

DATES

March 11-14, 2010

LANGUAGE

Spanish & English are the official languages of the Congress.

VENUE**Hilton Hotel Buenos Aires**

Macacha Guemes 351, Buenos Aires,

Argentina C1106BKG

Tel: 54-11-4891-0000

Fax: 54-11-4891-0001

REGISTRATION FEES

	Early Registration until December 10, 2009	Late Registration from December 11, 2009	From March 10, 2010 & Onsite
Participants Physicians and scientists	US\$ 390	US\$ 440	US\$ 490
Residents*	US\$ 220	US\$ 280	US\$ 320
Nurses, Students	US\$ 290	US\$ 340	US\$ 390
Accompanying Persons		US\$ 140	

* Refers to non-tenured junior scientists. Registration form must be accompanied by documentation of residency or a letter from the head of department confirming their status. The letter should be on the department letterhead and addressed to the Registration Department of the Congress.

Registration includes: Participation in scientific sessions, Congress bag, all printed material of the Congress, invitation to the Welcome Reception, coffee breaks, lunch on Friday and Saturday.

ACCOMMODATION

ComtecMed is the official travel agent for the Latin America Congress on Controversies to Consensus in Diabetes, Obesity and Hypertension (CODHy), and will be offering special reduced rates for accommodation.

Hotel	Single Room	Double Room
Hilton Buenos Aires		
Deluxe Room ONLY	US\$ 202	US\$ 212
Deluxe Room Bed & Breakfast	US\$ 222	US\$ 256
Rates quoted are per room, per night including VAT (21%).		
Executive Room Bed & Breakfast	US\$ 248	US\$ 262
All executive rooms are located on the 8th and 9th floors, with a private lounge which offers a private check in and out. Rates quoted are per room, per night including VAT (21%) and includes breakfast at the executive lounge daily.		

INVITATION AND VISAS

An official invitation letter can be issued. However, this invitation implies no obligation, financial or otherwise, by the Congress. Please contact the embassy or consulate of Argentina in your home city to confirm if you require a visa to enter the country. Neighboring countries (Chile, Uruguay, Bolivia, Paraguay and Brazil) citizens do not need to have a passport, they can enter with their ID's.

LIABILITY AND INSURANCE

The Organizer carries no liability whatsoever for injuries or damages involving persons and/or property during the Congress. Participants are advised to issue their own personal travel and health insurance for their trip.

SPONSORS

*New sponsors to be
announced shortly



comtecMED
MEDICAL CONGRESSES

argentina@codhy.com
www.codhy.com/argentina

Headquarters and Administration

53 Rothschild Boulevard,
PO Box 68,
Tel Aviv 61000, Israel
Tel: +972-3-5666166
Fax: +972-3-5666177
Email: info@comtecmed.com

Comtec Spain

Bailén, 95-97,
pral. 1. a - 08009
Barcelona, Spain
Tel: +34-93-2081145
Fax: +34-93-4579291
Email: spain@comtecmed.com

Comtec China

175 Xiang Yang Road South,
Shanghai 200031
China
Tel: +86-21-54660460
Fax: +86-21-54660450
Email: china@comtecmed.com