



The 7th World Congress on
**Controversies to Consensus in Diabetes,
Obesity and Hypertension (CODHy)**
Sorrento, Italy April 11-13, 2019
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CONTROLLING DIABETES AND MICROALBUMINURIA E RENAL FAILURE - THE EXPERIENCE OF A PRIMARY CARE CLINIC WITH A MULTIDISCIPLINARY STAFF

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To prevent microalbuminuria and renal failure in diabetic patient`s, a multidisciplinary approach is needed for controlling diabetic nephropathy. In this study we present our experience in a primary care clinic with multidisciplinary staff that includes a general practitioner, a diabetes nurse, a nutritionist, a social worker and a pharmacist, in comparison to the traditional general practitioner practice, in controlling renal function. Diabetic patients data during the period 2013-2017 under a multidisciplinary staff follow up, were compared with the patients data during the years 2006-2012 under a follow up by a primary care physician alone, with no supporting staff. Our data demonstrates distinct advantages of the multidisciplinary approach. Multidisciplinary teamwork at primary care, community clinic provides substantial benefits to the process of controlling diabetic nephropathy and ensuring better tracking of the patient`s.



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